

# **EVENT PROGRAM**

MAY 29 - JUNE 1, 2025

4521 MIAL PLANTATION RD, RALEIGH, NC

**BLISSBOOGIE.COM** 



#### Bliss Boogie Family...

As we dive into this incredible journey of self-discovery and connection, I just want to say a huge thank you for being part of the 2025 Bliss Boogie event! This isn't just a festival; it's our little sanctuary where we get to celebrate what it means to live authentically.

Our mission? It's simple but so meaningful: We're here to help you on your path of personal growth and empowerment, reminding you that living your truth is your birthright. At the heart of our gathering is what makes us human: community, nature, and celebration.

Together, we're crafting a beautiful tapestry of bliss. And as we honor Mother Earth, let's remember to tread gently on this land, leaving behind only footprints of love and kindness. Let's all do our part to keep our surroundings beautiful and make sure Bliss Boogie stays an eco-friendly and sustainable space.

As we kick off this three-day adventure together, I want to give a big shoutout to our amazing family of volunteers, awesome sponsors, and the dedicated Bliss Boogie team of presenters. You all are the heart and soul of our festival, and we couldn't be more grateful for your support.

So, let the magic of Bliss Boogie fill your spirit with joy and inspiration. Embrace every moment and enjoy the beauty of our journey together!

BE GOOD TO YOURSELF.

Kai Baylis

# BLISS BOOGIE RELAX & RECHARGE STATIONS



### THE SANCTUARY TENT

The Sanctuary Tent is a soft place to land when you need time for reflection or support during the weekend. Open from 12:00pm to 6:00pm daily.

Trained counselors and coaches are available during scheduled hours to help you process emotions, talk through anything that didn't feel right, or simply listen with care.



### THE CHILL TENT

The Chill Tent offers a serene oasis where you can unwind and relax, escaping the hustle and bustle of the event. It's a perfect spot to potentially find a new lover or simply take a well-deserved break in a tranquil, welcoming environment.



### **FANTASY GARDEN**

The Fantasy Garden at Bliss Boogie is a space where magic and intention intertwine! Embrace the opportunity to express yourself, connect with others, and cultivate a life filled with abundance and joy.

Step into this whimsical world where there's something for everyone. The Fantasy Garden is a tranquil haven designed to nurture your spirit and ignite your imagination. Here, you can connect with nature, engage with fellow dreamers, and explore various enchanting experiences tailored to uplift and inspire you.





# BLISS BOOGIE RELAX & RECHARGE STATIONS



### THE FLOWER TENT: A COZY RETREAT



Nestled among vibrant blooms, our flower tent invites you to lounge and relax. This enchanting space is filled with colorful flowers, providing the perfect backdrop for quiet reflection or joyful conversations with friends. Take a moment to breathe in the beauty around you and let your worries fade away in this floral sanctuary.



### **GODDESS ALTAR: MANIFEST YOUR WISHES**



At the heart of the garden lies the Goddess Altar, a sacred space where you can connect with your inner self. Here, we invite you to write your affirmations or wishes to the goddess, expressing your hopes and dreams. As you pen your thoughts, feel the energy of support and love surrounding you.



# AFFIRMATION STRING: SHARE YOUR INTENTIONS



Once you've written your affirmation, clip it to our affirmation string. This beautiful display serves as a collective tapestry of intentions, reminding us all of the power of our words and the strength we find in community. Watch as the string fills with vibrant messages of hope, love, and purpose! Grab onto it to gain all of the power that others have put out to the universe.



# THE ABUNDANCE ALTAR: CULTIVATE PROSPERITY



Explore our Abundance Altar, specially created to manifest abundance in all areas of your life. Adorned with symbols of prosperity and gratitude, these altars encourage you to reflect on what abundance means to you. As you engage with this space, envision the richness you wish to attract—be it love, health, creativity, or financial security.

# KEY TO SESSIONS LEVELS OF TOUCH

Most of the sessions are for everyone. This means that all are welcome and the level of touch expected in the session is not a consideration. We have asked the presenters to help you decide which session is best suited for you. For each session, you'll see a key. The number indicates the session's level of touch and the letter indicates who is invited.



### **LEVELS OF TOUCH**



Level 2: Light Physical Touch - Expect hugging and some contact.

Level 3: Moderate Physical Touch - Expect touching a close contact, which may include some nudity.

Level 3B: No Physical Touch - Expect being in your own personal space and some nudity.

Level 4: Advanced Physical Touch - Expect self-genital touch and nudity.



### ARE YOU INVITED TO THAT SESSION?

Anatomy Specific: Some sessions are geared towards specific anatomy. If that is the case, that will be specified for you. This will be designated by:

- P for penis owning bodies
- V for vulva owning bodies
- MI for male identifying
- FI for female identifying
- NB for non-binary identifying
- H for heterosexual
- AB for all bodies

#### **ALL DECISIONS BELONG TO YOU**

- You are attending a class that may have touch and topics that are triggering.
- You are responsible for your own well-being.
- No one has to do anything that is offered in the class.
- You can choose not to take part at any time and rejoin when you are ready.
- You can also leave if that feels better to you.
- The Sanctuary Tent is available daily from 12:00pm 6:00pm if you need assistance.



Level 3: Moderate Level 1: No Touch Level 2: Light Touch Level 3B: No Physical Touch Expected, Possible Nudity Level 4: Advanced

AB = All Bodies V = Vulva-Owning Bodies NB = Non-Binary Identifying H = Heterosexual

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# THURSDAY, MAY 29, 2025

TIME **LEVEL CLASS/NAME** 

#### MAIN STAGE & CAMPUS

**GATES OPEN** 10:00 AM

11:00 AM-8:00 PM Food Trucks: Bulkogi, Donut I Love U, & Umami

6:30 PM **Opening Ceromony** 

Tre. Charles 7:00 PM - 9:45 PM

Dance Brave Erotic Showcase

CJ Monét

#### THE CONNECT TENT

12:00 PM	Nurturing the Womb	L1   V
2:00 PM	Sensual Prelude: Unlock Sensuality Through Hip Flow	L3   AB
4:00 PM	Intimate Touch: Giving and Receiving Love	L3   AB
10:00 PM	Primal Play Workshop	L4   AB

#### THE LOVE TENT

2:00 PM	Thai Yoga for All	L3   AB
4:00 PM	Pleasure & Power Hour: Somatic Practices for Joy, Confidence & Self-Love	L1   AB

10:00 PM Snuggle Fest L3 | AB

#### THE PLAY TENT

12:00 PM	Taoist Practices for Men to Become Multi-Orgasmic	L3   P
2:00 PM	Shakti Tantric Meditation and Sound Therapy	L2   AB
4:00 PM	The Art of Connection: A Tantra Workshop	L2   AB
10:00 PM	Love Like a Master: 5 Tantric Touches	L3   AB

#### 12 AM QUIET TIME







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Level 3: Moderate

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# THURSDAY, MAY 29, 2025

### THE CONNECT TENT

#### 12:00 PM Nurturing the Womb - Stephanie Hupp | Level V 1

Self-abdominal massage, rooted in Maya wisdom, helps heal and connect with the womb space. Guided by. Dr. Rosita Arvigo's teachings, participants learn a powerful technique to release tension and restore balance, awakening their innate womb wisdom through compassionate touch and breath.

Bring: Comfy Clothes, Yoga Mat and 2 Pillows (if available), Your Beautiful Smile and Open Heart

#### 2:00 PM Sensual Prelude: Unlock Sensuality Through Hip Flow - TaChè & Lasan | Level AB 3

Awaken your body and soul in a sacred space through sensual movement and rhythmic vibrations. Experience calming meditation, hip activation, and dynamic choreography. Explore techniques to unlock deeper sensuality, leaving you feeling embodied, confident, and ready to infuse this awakened energy into your life.

Bring: Comfy Clothes, Yoga Mat, Your Beautiful Smile and Open Heart

#### 4:00 PM Intimate Touch: Giving and Receiving Love - Lauren Harkness | Level AB 3

We will explore the energetics of intimate touch, equipping you with practical skills and tools. You'll learn to enhance your presence, awareness, and care, allowing for deeper connections through your touch and fostering a more profound experience in your interactions with others. Join us for this enlightening journey!

Bring: Towel, Yoga Mat, Journal, Pen, Your Beautiful Smile and Open Heart

#### 10:00 PM Primal Play Workshop - Major Tom | Level AB 4

Join us for the Primal Play Workshop, an interactive session to awaken your primal instincts. Engage in highenergy movement, solo exploration, and partner exercises within a safe, consent-focused environment. Embrace your raw energy, break free from inhibitions, and cultivate deeper connections with yourself and others in this liberating experience!

Bring: Lube, Towel, Pillow, Your Beautiful Smile and Open Heart





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### THE LOVE TENT

12:00 PM NO CLASS

#### 2:00 PM Thai Yoga for All - Yaw Tutu | Level AB 3

Discover the ancient healing art of Thai yoga, promoting relaxation, flexibility, and alignment for all skill levels. Learn techniques that blend assisted stretching, gentle movement, and mindful breathing. This workshop enhances well-being, releases tension, and restores balance, equipping participants with practical tools for selfcare and improved vitality. Join us!

Bring: Comfy Clothes, Yoga Block, Mat, Your Beautiful Smile and Open Heart

4:00 PM Pleasure & Power Hour: Somatic Practices for Joy, Confidence & Self-Love - Eden Era | Level AB 1 Unlock your innate power in this soul-rich workshop that blends tantra with somatic healing. Learn to release stress, regulate your nervous system, and access confidence and creativity. Explore techniques like EFT tapping and visualization, promoting self-love, joy, and empowerment. This safe space invites you to expand and explore your true self!

Bring: Towel, Yoga Mat, Journal, Pen, Your Beautiful Smile and Open Heart

#### 10:00 PM Snuggle Fest - Nikki Lundberg | Level AB 3

Experience a Snuggle fest! Join us for this event focused on communication and non-sexual touch in a welcoming environment. Engage in authentic connections while practicing skills like expressing boundaries, asking for needs, and respecting others. This safe space allows you to meet new people, converse, or simply cuddle!

Bring: Towel, Pillow, Your Beautiful Smile and Open Heart





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# THURSDAY, MAY 29, 2025

### THE PLAY TENT

#### 12:00 PM Taoist Practices for Men to Become Multi-Orgasmic - Steven Peterson | Level P 3

The journey to becoming multi-orgasmic involves teaching your body a new sexual response. Learn to open your inner gates, allowing sexual energy to flow throughout your body. Discover how to achieve whole-body orgasms without ejaculation, enhancing pleasure and intimacy. Basic practices using breath and intention can help any man get started.

Bring: Comfy Clothes, Yoga Block, Mat, Your Beautiful Smile and Open Heart

#### 2:00 PM Shakti Tantric Meditation and Sound Therapy - Raj Karki | Level AB 2

Shakti Tantric Meditation and Sound Therapy offers a transformative journey of emotional healing and spiritual awakening. Release Tantric Meditation helps you let go of stress and anxiety through guided Vipassana, yogic breathing, and movement. Combined with Shakti Sound Therapy's ancient vibrations, it promotes clarity, vitality, and profound emotional freedom for holistic well-being.

Bring: Comfy Clothes, Yoga Block, Mat, Your Beautiful Smile and Open Heart

#### 4:00 PM The Art of Connection - A Tantra Workshop - Robin L. Miles | Level AB 2

New to Tantra or an experienced practitioner? You're in the right place! Tantra, meaning "woven together" in Sanskrit, invites a deeper connection with your true self, integrating body and spirit. Join us for curated exercises —verbal exploration, conscious touch, breath-work, and movement—to deepen your connection to self, others, and the divine.

Bring: Towel, Yoga Mat, Journal, Pen, Your Beautiful Smile and Open Heart

#### 10:00PM Touch Me Like a Master: 5 Tantric Touches - S. Sequoia Stafford | Level AB 3

Learn creative, intimate touch modalities in this Tantra Touch Lab for all genders and identities. Explore chakra principles, energy medicine, and guided touch practices to deepen connection, presence, and courage. Perfect for singles, couples, or groups, this shame-free class offers transformative techniques for holistic intimacy—clothed or consensually with tops off!





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# FRIDAY, MAY 30, 2025

TIME **LEVEL CLASS/NAME** 

#### **MAIN STAGE & CAMPUS**

Coffee & Breakfast are Available 7:00 AM

Food Trucks: 50Kitchen, Raleigh Tamale, & Donut I Love U 11:00 AM-8:00 PM

Dj Damu 5:00 pm 7:00 PM - 9:45 PM Sierra Marin

Dance Brave Erotic Showcase

Sri Kala

#### THE CONNECT TENT

8:00 AM	Shaolin Qigong	L2   AB
10:00 AM	Next-Level Sex: The Taoist Secrets of Sexual Vitality	L3   AB
12:00 PM	Pleasure as Protest: Unleashing Queer Eroticism in the Revolution	L2   AB
2:00 PM	The Polarity of Energies: Tantric Rituals of Storage and Release	L2   AB
4:00 PM	Dance Brave: For Women Who Want to Love their Body, Feel Confident and Eradicate Shame	L1   V
10:00 PM	Session 2: Push, Pull, Squeeze & Squirt: Welcome to Splooshville	L4   AB

#### THE LOVE TENT

8:00 AM	Body Bliss	L2   AB
10:00 AM	Tantra Speed Date	L2   H
12:00 PM	Plant Medicine	L1   AB
2:00 PM	An Introduction to the Wheel of Consent	L2   AB
4:00 PM	Session 1: Push, Pull, Squeeze: Harnessing Your Pelvic	L2   AB
	Floor for Greater Health, Pleasure, and Bedroom	
	Prowess!	
10:00 PM	Latihan - Surrender to the Mystery	L2   AB







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TIME	CLASS/NAME	LEVEL
THE PLAY TENT		
8:00 AM 10:00 AM	No Class How To Not Fall In Love At This Festival Unless You Really Want To (and Then How To	L1   AB
12:00 PM 2:00 PM 4:00 PM 10:00 PM	One Rope Rodeo: Shibari Workshop Ethical Masculinity And Sexuality Anatomy of a BDSM Scene: Archetypical Embodiment 4Play NC Art of Touch	L3   AB L1   P L3   AB L3B   AB
	12 AM QUIET TIME	







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### THE CONNECT TENT

#### 8:00 AM Shaolin Qigong - Imari Colón | Level AB 2

Join Maestra Imari in timeless Shaolin-inspired longevity arts. Stretch, breathe, and move through invigorating forms inspired by immortals, animals, and martial arts. Experience balance and empowerment, concluding with Taiji push hands —a playful partner practice to explore balance, connection, and interaction. Feel centered, strong, and renewed!

Bring: Your Beautiful Smile and Open Heart

#### 10:00 AM Next-Level Sex: The Taoist Secrets of Sexual Vitality - Dr. Willow Brown | Level AB 3

Discover how to channel your sexual energy for vitality, intuition, and peak health in this transformative workshop. Explore adrenal-charging arousal, pineal gland-gasms, and Taoist techniques to expand pleasure and awaken your Qi. Ignite your body, amplify pleasure, and harness the limitless power of your sexual energy. Ready to awaken?

Bring: Your Beautiful Smile and Open Heart

#### 12:00 PM Pleasure as Protest: Unleashing Queer Eroticism in the Revolution - Hunter, Shane Lukas, Mattie Bynum Level AB 2

Join the Power Beyond Pride podcast hosts for a fiery discussion on queer eroticism as a force for activism. Explore how embracing desire, pleasure, and joy fuels movements and defies norms. Expect bold ideas, juicy stories, and a Q&A to ignite your passion. Catch more at powerbeyondpride.com!

Bring: Your Beautiful Smile and Open Heart

#### 2:00 PM The Polarity of Energies: Tantric Rituals of Storage and Release - Shawn Roop | Level AB 2

Unlock the flow of energy with The Polarity of Energies. This Tantra class teaches balancing feminine/yin and masculine/yang energies through ancient rituals, breath-work, and movement. Explore cycles of vitality, guided exercises, and energetic harmony. Sensual yet non-sexual, this practice empowers you to embrace your energy's natural flow and step into your power.

**Bring: Your Beautiful Smile and Open Heart** 

#### 4:00 PM Dance Brave: For Women Who Want to Love their Body, Feel Confident and Eradicate Shame - Tiffany Chambers-Goldberg | Level V 1

Dance Brave is a trauma-informed embodiment practice for women seeking to reconnect with sensuality, intimacy, and their true essence. By integrating shadow aspects like fear of rejection and betrayal, participants release shame, stress, and trauma. Through breath, movement, and sound, this practice reignites sensuality and fosters wholeness and connection.

Bring: Blankets/Pillows, Yoga Mat, Your Beautiful Smile and Open Heart

#### 10:00 PM Session 2: Push, Pull, Squeeze & Squirt: Welcome to Splooshville - April Curtis + Reid Mihalko | Level AB 4

Advanced Pelvic Floor Techniques builds on the foundational skills from Push, Pull, Squeeze, diving deeper into pelvic floor activation for squirting, multiple orgasms, and ejaculatory control. With live demonstrations, Reid and April teach shame-free, practical techniques to enhance pleasure and connection. Learn, ask questions, and take home tools to explore that night!





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### FRIDAY, MAY 30, 2025 THE LOVE TENT

#### 8:00 AM Body Bliss - Amber Koskey | Level AB 2

Body Bliss is a 45-60 minute session for all levels, inviting you to embrace movement as medicine and connect with your inner self. Through rhythmic flow and mindful breath-work, explore playful, peaceful, or sensual expression. Let the music guide you, tune into your body's wisdom, and discover transformative connection.

Bring: Yoga Mat, Your Beautiful Smile and Open Heart

#### 10:00 AM Tantra Speed Date - Robin L Miles | Level H 2

Tantra Speed Date® combines a relationship skills class with a Puja-style speed date, teaching singles helpful relationship roles through engaging exercises like Tantra, meditation, and partner yoga. Participants gain meaningful connections, new skills, and fresh perspectives on relationships, with a 95% match rate highlighting its effectiveness over traditional dating methods.

Bring: Yoga Mat, Your Beautiful Smile and Open Heart

#### 12:00 PM Plant Medicine Session - Lauren Harkness | Level AB 1

Indigenous cultures emphasize the connection between mind, body, spirit, plants, and the Earth. Join us in exploring ceremonial practices that foster healing, transformation, and a sense of belonging. Discover the beauty of unconditional love and wholeness through these rich, ancient traditions that guide us toward deeper understanding. Bring: Your Beautiful Smile and Open Heart

#### 2:00 PM An Introduction to the Wheel of Consent - Kathleen Aurora Smith | Level AB 2

Explore Pleasure, Touch & Consent with an introduction to the Wheel of Consent® by Dr. Betty Martin. Dive into foundational concepts, including touching for your own pleasure, asking for what you want, and saying "no." Through partnered touch practices, discover how clarifying "who is doing" and "who it's for" deepens connection and awakens erotic aliveness.

Bring: Your Beautiful Smile and Open Heart

#### 4:00 PM Session 1: Push, Pull, Squeeze: Harnessing Your Pelvic Floor for Greater Health, Pleasure, and Bedroom Prowess! - April Curtis & Reid Mihalko | Level AB 2

Did you know activating your pelvic floor can boost pleasure, ease pain, and improve sexual health? Join Reid Mihalko and April Curtis for Push, Pull, Squeeze, a fun, shame-free workshop with live demos, practical exercises, and tips on pelvic floor activation, relaxation, positions, and techniques to transform intimacy!

**Bring: Your Beautiful Smile and Open Heart** 

#### 10:00 PM Latihan - Surrender to the Mystery - Peter Petersen | Level AB 2

Latihan - Surrender to the Mystery invites you to a transformative movement meditation practice. Blindfolded, release attachment and agenda, embracing the mystery of life. Guided by your soul's rhythms, this sacred space fosters selfdiscovery, embodiment, and connection. Let go of doing, step into being, and awaken your innate wisdom.



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# FRIDAY, MAY 30, 2025

### THE PLAY TENT

#### 8:00 AM Silent Meditation - No Presenter | Level AB 1

Reconnect with yourself in this 90-minute silent meditation session. Immerse in stillness with no talking, soft music, and a serene space for reflection. Process your festival journey, nurture your spirit, and deepen your connection to self and community in this tranquil, sacred experience.

**Bring: Your Beautiful Smile and Open Heart** 

#### 10:00 AM How To Not Fall In Love At This Festival Unless You Really Want To (and Then How to Do That Better) -Reid Mihalko | Level AB 1

Avoid the Soulmate Trap at Festivals! Join Reid Mihalko for a laughter-filled workshop on why festival romances often implode and how to avoid the heartbreak. Learn to spot red flags, maintain boundaries, and embrace connection without losing yourself. Gain tools to soar in love, not crash, while enjoying your festival high!

**Bring: Your Beautiful Smile and Open Heart** 

#### 12:00 PM One Rope Rodeo: Shibari Workshop - James Marshall & Skye Nunez | Level AB 3

Explore the basics of rope play in this fun, safe, and consensual session. After a review of safety and consent, dive into the One Rope Rodeo, a partner-building exercise using a single rope to explore movement, sensation, and connection. Perfect for all levels, with or without a partner!

Bring: Mat, Rope, Your Beautiful Smile and Open Heart

#### 2:00 PM Ethical Masculinity and Sexuality - Tobias Jackson | Level P 1

Balancing Fatherhood, Partnership, and Sexuality. This session explores how fathers, partners, and penis owners can embrace a fulfilling sexual relationship while navigating societal expectations of being a "good guy." Through mindset shifts, participants will learn to reclaim masculinity safely, foster curiosity, and repair harm, creating deeper intimacy and pride in their sexuality.

Bring: Your Beautiful Smile and Open Heart

#### 4:00 PM Anatomy of a BDSM Scene: Archetypical Embodiment - Dr. David Freeman | Level AB 3

Discover the art and psychology of creating deeply connected BDSM scenes in this immersive workshop. Learn to identify shared desires, negotiate boundaries, and embody archetypal energies. Through guided exercises and partnered practice, gain tools to design safe, consensual, and electrifying scenes that foster connection, exploration, and personal transformation. Perfect for all levels!

**Bring: Your Beautiful Smile and Open Heart** 

#### 10:00 PM 4Play NC Art of Touch - Church Da'Poet | Level AB 3B

Church is a sensual guide, blending Erotic Poetry, BDSM demonstrations, and event coordination to craft immersive experiences where pleasure meets permission. Known for transforming curiosity into confidence, they create safe, welcoming spaces for all—honoring boundaries while inviting fantasies to play. Whether new to kink or seasoned, Church inspires bold exploration.





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# SATURDAY, MAY 31, 2025

TIME **LEVEL CLASS/NAME** 

#### **MAIN STAGE & CAMPUS**

Coffee & Breakfast are Available 7:00 AM

Food Trucks: Gussy's Greek Street, Donut I Love U & Lornett's Southern Kitchen 11:00 AM-8:00 PM

5:00 pm Chico "DJ Madcow" Scott

7:00 PM - 9:45 PM **Dub Lorenzo** 

Dance Brave Erotic Showcase

Mystical Joyride

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8:00 AM	Kundalini Yoga	L1   AB
10:00 AM	Connected Movement For Creation	L3   AB
12:00 PM	Express your Essence: Vocal Toning, Movement & Expression Without Limits	L2   AB
2:00 PM	How to Navigate Having a Successful Threesome	L3   AB
4:00 PM	Qigong & 5 Elements Dance	L2   AB
10:00 PM	Oral Sex Grad School	L1   AB

#### THE LOVE TENT

8:00 AM	Silent Meditation	L1   AB
10:00 AM	The Power Of Humor & Play: Recess for Adults	L2   AB
12:00 PM	The Love of Self Is How We Love More	L2   AB
2:00 PM	Discovering Bigger and Bolder Orgasms: Male Sexual Energy Mastery	L4   AB
4:00 PM	The Art of Cunnilingus	L2   AB
10:00 PM	Rapture	L4   AB







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# **SATURDAY, MAY 31, 2025**

TIME	CLASS/NAME	LEVEL		
THE PLAY TENT				
8:00 AM	Finding Your Voice Through Healing Your Heart: The Practice and Art of Kirtan	L1   AB		
10:00 AM	Mastering Ejaculatory Choice: Ride the Waves of Your Arousal	L2   AB		
12:00 PM	The Big O: Orgasms for Men & Women	L1:   AB		
2:00 PM	The 4 Pathways to Full-Body Pleasure: Unlocking the Secrets of Female Arousal	L2:   AB		
4:00 PM	Where Tantra Meets Kink: A Journey of Sensual Discovery	L3:   AB		
10:00 PM	Orgasmic Fire Breath	L3:   AB		
12 AM QUIET TIME				







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# **SATURDAY, MAY 31, 2025**

### THE CONNECT TENT

#### 8:00 AM Kundalini Yoga - Megan McReynolds | Level AB 1

Kundalini Yoga is a transformative practice combining posture, breath-work, meditation, and mantra chanting to awaken energy at the spine's base. Known as the "Yoga of Awareness," it enhances vitality, balances chakras, and promotes nervous system health. This practice fosters expanded consciousness and prepares you for a blissful, energized day.

Bring: Your Beautiful Smile and Open Heart

#### 10:00 AM Connected Movement For Creation - Brent Cotton | Level AB 3

This class invites participants to discover the beauty of shared motion and creative collaboration using principles of contact improvisation. Through guided prompts, groups will co-create spontaneous movement art, fostering trust, creativity, and connection. Perfect for all levels, this playful and supportive space encourages self-expression and the exploration of group dynamics.

**Bring: Your Beautiful Smile and Open Heart** 

#### 12:00 PM Express your Essence: Vocal Toning, Movement & Expression Without Limits - Sri Kala Chandra | Level AB 2

Join Sri Kala for a transformative journey of vocal toning and movement, exploring the edges of your creativity. Reconnect with your true essence beyond noise and programming. Through vocal play, movement, and touch, soften tension, celebrate your gifts, and transform your voice into a healing tool for yourself and others. Learn more: Srikala.com/unravel.

**Bring: Your Beautiful Smile and Open Heart** 

#### 2:00 PM How to Navigate Having a Successful Threesome - Monique Darling & Peter Petersen | Level AB 3

Join us to explore techniques for collecting and moving energy to reach ecstatic bliss. Experience gigong, an ancient moving meditation paired with uplifting music. Learn to navigate groups, avoid pitfalls, and enhance your connection skills, creating joy and harmony in your relationships. Transform your energy and connections today!

**Bring: Your Beautiful Smile and Open Heart** 

#### 4:00 PM Qigong & 5 Elements Dance - Peter Petersen | Level AB 2

Peter Petersen's 5 Elements Dance merges Qigong with conscious movement, guiding participants through Earth, Water, Fire, Air, and Ether. Each element is explored via breath and movement fostering deep self-connection. Sessions are playful and accessible, leaving attendees feeling awake, relaxed, and alive through music and embodied practices.

**Bring: Your Beautiful Smile and Open Heart** 

#### 10:00 PM Oral Sex Grad School - Reid Mihalko | Level AB 1

Take your oral skills to Jedi levels in this fun, interactive workshop with sex educator Reid Mihalko. Learn advanced tips and tricks for blowjobs, cunnilingus, and analingus that will leave your lovers amazed. With live demonstrations and Q&A, gain confidence, refine your craft, and give (or receive) mind-blowing pleasure!





Level 1: No Touch Level 3: Moderate Level 2: Light Touch Level 3B: No Physical Touch Expected, Possible Nudity Level 4: Advanced

AB = All Bodies V = Vulva-Owning Bodies MI = Male-Identifying NB = Non-Binary Identifying H = Heterosexual

C = Couples

P = Penis-Owning Bodies FI = Female-Identifying



# **SATURDAY, MAY 31, 2025**

### THE LOVE TENT

#### 8:00 AM Silent Meditation - No Presenter | Level AB 1

Reconnect with yourself in this 90-minute silent meditation session. Immerse in stillness with no talking, soft music, and a serene space for reflection. Process your festival journey, nurture your spirit, and deepen your connection to self and community in this tranquil, sacred experience.

Bring: Your Beautiful Smile and Open Heart

#### 10:00 AM The Power Of Humor & Play: Recess for Adults - Brooklin Green | Level AB 2

This interactive class explores the biological, psychological, and social benefits of humor and play through improv and simple games. Learn practical techniques to incorporate humor into daily life, fostering connection, reducing stress, and boosting creativity. Strengthen relationships and enhance well-being while discovering the joy of laughter and collaboration!

**Bring: Your Beautiful Smile and Open Heart** 

#### 12:00 PM The Love of Self Is How We Love More - Chablis Dandridge | Level AB 2

This session explores the speaker's raw and inspiring journey from self-destruction to profound personal growth. Through heartfelt storytelling, attendees will learn to recognize destructive patterns, cultivate self-love, and embrace selfdetermination. Discover tools and practices for achieving balance, inner peace, and a purposeful life. Reflect, reconnect, and rise into your authentic self.

**Bring: Your Beautiful Smile and Open Heart** 

#### 2:00 PM Discovering Bigger and Bolder Orgasms: Male Sexual Energy Mastery - Lisa A. Rizzoli | Level AB 4

This workshop empowers men and their partners to explore the potential of male sexual energy for full-body and multiple orgasms. Learn Tantric techniques to move sexual energy, enhancing intimacy, vitality, and creativity. Whether solo or with a partner, leave with tools to deepen pleasure and embrace a vibrant, empowered life!

**Bring: Your Beautiful Smile and Open Heart** 

#### 4:00 PM The Art of Cunnilingus - Nikki Lundberg | Level AB 2

If you love giving or receiving cunnilingus, this intimate class is perfect for you! It aims to enhance your understanding, connection, and confidence—whether you're the giver, receiver, or both.

Have you ever wished to read your partner better or struggled to express your desires? Join Sex Coach Nikki in this guided session, where you'll explore the anatomy of pleasure, the importance of loving communication, and how to create a safe, exploratory space. Learn Advanced techniques and how to use your body as a guide. Transform your pleasure and deepen your intimate experiences in this engaging class!

**Bring: Your Beautiful Smile and Open Heart** 

#### 10:00PM Rapture - Lauren Harkness | Level AB 4

Step into Rapture, an immersive experience blending ancient traditions, live artistry, and free expression. Awaken your senses through a cacao ceremony, live music, tantric puja, and creative expression like dance and poetry. Celebrate life, art, and connection in this transformative space. Come open-hearted and ready to explore your authentic self.

Bring: Mats, Pillows, Your Beautiful Smile and Open Heart



Level 1: No Touch Level 2: Light Touch Level 3B: No Physical Touch Expected, Possible Nudity Level 4: Advanced

Level 3: Moderate

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### THE PLAY TENT

8:00 AM Finding Your Voice Through Healing Your Heart: The Practice and Art of Kirtan - Ganesh Om | Level AB 1 Join a transformative, judgment-free chanting session where sincerity and devotion matter more than perfect pitch. Chant mantras to explore their healing power, experience sound healing through chakras, and connect deeply with the present moment. Rediscover your voice, awaken inner wisdom, and reconnect with your truest self in this sacred practice. **Bring: Your Beautiful Smile and Open Heart** 

#### 10:00 AM Mastering Ejaculatory Choice: Ride the Waves of Your Arousal - Leah Piper | Level AB 2

Transform your sexual experience with techniques to stay fully aroused, separate orgasm from ejaculation, and achieve multiple orgasms. Learn to circulate arousal through breath and energy practices, boosting vitality, stamina, and confidence. Foster deeper intimacy and connection, making ejaculation a choice and unlocking new levels of pleasure and empowerment.

**Bring: Your Beautiful Smile and Open Heart** 

#### 12:00 PM The Big O: Orgasms for Men & Women - Heather "Nookie" Claus | Level AB 1

Learn how orgasms work, how to give them, how to get them, and how to increase their intensity and frequency! What makes orgasms so fucking fabulous? We'll talk about that, then we'll discuss how to get the most of your body and your orgasms, including the many different kinds of orgasms you can have, and how to train yourself for multiple orgasms whether you are male or female. This class will blow your mind! Or, at least your wad.

**Bring: Your Beautiful Smile and Open Heart** 

#### 2:00 PM The 4 Pathways to Full-Body Pleasure: Unlocking the Secrets of Female Arousal - Leah Piper & Dr. Willow Brown | Level AB 2

Discover how to guide your partner through four distinct types of orgasms, each unlocking unique dimensions of pleasure. This workshop dives into the female erectile network, teaching techniques to create full-body ecstasy, deepen connection, and elevate intimacy. Gain confidence, precision, and skills to transform your intimate experiences!

Bring: Your Beautiful Smile and Open Heart

#### 4:00 PM Where Tantra Meets Kink: A Journey of Sensual Discovery - Major Tom & Monique Darling | Level AB 3

Discover where tantra and kink meet in this guided experience with Monique Darling and Major Tom. Explore deeper connection, presence, and pleasure through hands-on exploration, partner games, and heart-centered practices. Perfect for those seeking to blend conscious intimacy with adventurous play in a safe, well-structured space.

**Bring: Your Beautiful Smile and Open Heart** 

#### 10:00 PM Orgasmic Fire Breath - Lisa Rizzoli | Level AB 3

Learn to activate and circulate energy for heightened pleasure, vitality, and connection. This transformative breath practice cleanses toxins, enhances sexual experiences, and fosters deeper intimacy. Explore techniques in a safe, supportive space. Note: Not suitable for individuals with cardiac issues, high blood pressure, spinal disorders, respiratory infections, or pregnancy.



Level 3: Moderate Level 1: No Touch Level 2: Light Touch Level 3B: No Physical Touch Expected, Possible Nudity Level 4: Advanced

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# SUNDAY, JUNE 1, 2025

TIME **LEVEL CLASS/NAME** 

#### MAIN STAGE & CAMPUS

Coffee & Breakfast are Available 7:00 AM

Food Trucks: Native Citizen, & Donut I Love U 11:00 AM-3:00 PM

Closing Ceremony 1:45 PM

#### THE CONNECT TENT

8:00 AM	Contact Improvisation Basics	L2   AB
10:00 AM	Ecstatic Dance	L2   AB
12:00 PM	Sacred Sister Circle	L1   V

#### THE LOVE TENT

8:00 AM	Transcending Misconceptions: Demystitying Trans &	L1   AB
	Non-Binary Identities	

10:00 AM	Embrace Bliss Beyond the Boogie: Integrate Joy into	L2   AB

Your Daily Life with Ancient Cacao Ceremony

Discover a New Level of Intimacy and Exploration L3 | AB 12:00 PM

#### THE PLAY TENT

8:00 AM	Silent Meditation	L1   AB
10:00 AM	From Jealousy to Love Secure	L3   AB
12:00 PM	EmbodiMEN Brotherhood Circle: "Big Depth Energy"	L2   MI







Level 1: No Touch Level 2: Light Touch Level 3B: No Physical Touch Expected, Possible Nudity Level 4: Advanced

Level 3: Moderate

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### THE CONNECT TENT

#### 8:00 AM Contact Improvisation Basics - Toni Craige | Level AB 2

Discover the basics of Contact Improvisation, an improvisational dance form rooted in touch, weight sharing, and mutual consent. Learn to follow a point of contact and explore relational dynamics through playful, accessible movement. Perfect for movers of all abilities, this workshop distills the essentials of this dynamic and thrilling dance form!

**Bring: Your Beautiful Smile and Open Heart** 

#### 10:00 AM Ecstatic Dance - Julia Hartsell | Level AB 2

Ecstatic Dance is an improvisational movement practice inspired by Gabrielle Roth's 5Rhythms, guided by music that flows from stillness to peak and back again. Without verbal guidance, explore authentic expression, embracing emotions from grief to joy. Open to all, sessions begin with a circle to create a safe, sacred space.

**Bring: Your Beautiful Smile and Open Heart** 

#### 12:00 PM Sacred Sister Circle - Victoria Haffer | Level V1

Join our Sacred Sister Circle, a nurturing space for women to connect, grow, and awaken their inner wisdom. Through meditation, movement, breath-work, and authentic sharing, cultivate self-love, clarity, and strength while building a supportive community of like-minded women. Come with an open heart and leave empowered and inspired.

Bring: Yoga Mat, Cushions, Your Beautiful Smile and Open Heart





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# SUNDAY, JUNE 1, 2025

### THE LOVE TENT

8:00 AM Transcending Misconceptions: Demystifying Trans & Non-Binary Identities - Jordan Leonard, Aria Arus-**Artuz and Christine Link | Level AB 1** 

Join us for a session exploring trans history, gender-affirming care, pronoun etiquette, and challenging stereotypes. With personal stories, practical tips, and Q&A, foster empathy and allyship. Hosted by Jordan (they/he), Aria (she/her), Christine (they/she), and Megan (she/her), this inclusive conversation welcomes all to learn and connect.

Bring: Your Beautiful Smile and Open Heart

#### 10:00 AM Embrace Bliss Beyond the Boogie: Integrate Joy into Your Daily Life with Ancient Cacao Ceremony -Mercedes Lopez-Arratia | Level AB 2

Wrap up Bliss Boogie with a 90-minute session to carry its joy into daily life. Enjoy a heart-opening cacao ceremony, meaningful reflections, and create an actionable plan to sustain happiness. Strengthen community bonds and embrace lasting joy as you integrate the festival's energy into your everyday routine.

**Bring: Your Beautiful Smile and Open Heart** 

#### 12:00 PM Discover a New Level of Intimacy and Exploration - Dayne & Gigi | Level AB 3

Deepen connection, ignite passion, and explore intimacy in this immersive workshop. Through The Four Core Energies -Embrace, Play, Unleash, and Transcend-discover trust, curiosity, primal passion, and spiritual connection. Open to all experience levels, this safe, non-judgmental space invites you to embark on a transformative journey of passion and selfdiscovery.





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Level 3: Moderate

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# SUNDAY, JUNE 1, 2025

### THE PLAY TENT

#### 8:00 AM Silent Meditation - No Presenter | Level AB 1

Reconnect with yourself in this 90-minute silent meditation session. Immerse in stillness with no talking, soft music, and a serene space for reflection. Process your festival journey, nurture your spirit, and deepen your connection to self and community in this tranquil, sacred experience.

**Bring: Your Beautiful Smile and Open Heart** 

#### 10:00 AM From Jealousy to Love Secure - S. Sequoia Stafford | Level AB 3

Explore jealousy in a safe, connected space. Engage in open conversations, grounding exercises, and small group reflections. Use role play and neuroscience-backed tools to reframe and release jealousy, transforming it into deeper love and understanding. Discover how this tender emotion shapes connections and embrace growth through trust and

**Bring: Your Beautiful Smile and Open Heart** 

#### 12:00 PM EmbodiMEN Brotherhood Circle: "Big Depth Energy" - Ross Lewin | Level MI 2

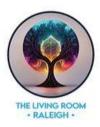
Join a supportive group of men committed to attracting love through cultivating a secure, unwavering aura. Share vulnerably, explore authentic expression, and build camaraderie. Through embodiment exercises, communication coaching, and energy practices, learn to show up powerfully with integrity, softening into love while trusting your leadership.



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